

## **Swimsuit Guidelines**

1. Church-sponsored events will observe the same dress code guidelines that 180, Ignite, and the LifeStage ministries observe during their group activities.
2. The guidelines have been established from the following biblical exhortations:
  - A. We are to dress modestly and care more about personal godliness.
    - 1 Timothy 2:9-10, *“Likewise, I want women to adorn themselves with proper clothing, modestly, and discreetly, not with braided hair and gold or pearls or costly garments, but rather by means of good works, as is proper for women making a claim to godliness.”*
  - B. We are to dress thoughtfully and not cause our brothers and sisters to stumble.
    - 1 Corinthians 8:9, *“But take care that this liberty of yours does not somehow become a stumbling block to the weak.”*
    - Romans 14:13, *“Therefore let us not judge one another anymore, but rather determine this — not to put an obstacle or a stumbling block in a brother’s way.”*
  - C. We are to dress selflessly and consider how we can serve others not ourselves.
    - Romans 14:7-8, *“For not one of us lives for himself, and not one dies for himself; for if we live, we live for the Lord, or if we die, we die for the Lord; therefore whether we live or die, we are the Lord’s.”*
    - Galatians 5:13, *“For you were called to freedom, brethren; only do not turn your freedom into an opportunity for the flesh, but through love serve one another.”*
3. The practical outworking of these guidelines are as follows:
  - A. Only modest one-piece bathing suits or full coverage two-piece suits are to be worn
  - B. No shorts with bikini tops, mid-riff shirts, or camisole tops
  - C. No short shorts, they should be mid-thigh or longer in length
  - D. No underwear showing

Please understand, we are not trying to be legalistic. Our goal is simply to honor the Lord and to help prevent leading others into temptation. Thank you very much for your cooperation.

04-22-08: Approved by the ministerial staff

05-13-08: Revised by the ministerial staff